With the ageing population, the need for strategies to promote aging without disability is increasing. This is important for both older individuals and for society as a whole. This seminar explores the concept of frailty opportunities and boundaries. Why is the condition so hard to define, how is it measured and what can we do to intervene?

#### **Event Committee**

Katarina Wilhelmson Niklas Ekerstad Tommy Cederholm Anne-Marie Boström Elisabet Rydwik Anne W Ekdahl

### Contributors

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# **Frailty:** Opportunities and boundaries.



22<sup>nd</sup> of May, 2019 13.00 – 16.00 Gothenburg IAGG-ER

## **Event Schedule**

### 13.00 - 16.00

13.00-13.05 13.05-13.30 13.30-13.55 13.55-14.20	Welcome (Anne W Ekdahl) Risk Factors of frailty (Timo Strandberg) Frailty - Opportunities and Challenges (Dawn Skelton) Answering to the challenges of frailty: From basic science to research on technology. (Leocadio Rodríguez-Mañas)
14.20-14.40	Coffee 🦆
14.40-15.00	Frailty from a clinical perspective (Tommy Cederholm)
15.00-15.20	Clinical Frailty Scale in the SWEDEHEART registry. (Niklas Ekerstad)
15.20.15.40	Agreement of five frailty tools in a community dwelling population with high health care utilization (Amelie Lindh Mazya)
15.40-16.00	Discussion (all)